

THE COLEMAN BULLETIN

VOLUME VI.

COLEMAN, (Alberta) FRIDAY, OCT. 11, 1918

NUMBER 24

FALL GOODS

A full line of Fall and Winter Goods can now be seen at this Store:

Underwear, Sweaters, Mackinaw Coats and everything one needs for the cooler weather.

SPECIAL!

Heavy, Ribbed Underwear from Penman's Special price

\$2.75 the Suit.

MINERS' SHOES—30 Pairs of strong Miners Shoes for

\$3.50 the Pair.

Cecil Gower

THE MEN'S STORE COLEMAN

LOOKING AHEAD

We have just received a large and unexcelled shipment of Men's, Boy's and Youth's Heavy Shoes. The kind that stand the test. We have a few pairs on display in our window. Have a look at these and make up your mind quickly as we mean to clear a bunch of them at a very low figure. Our stock of Winter Rubbers is at hand and we have a pair FOR YOU.

We have a Carload of

GOOD TIMOTHY HAY

unloaded, also one Carload of Shorts, Bran, Feed Oats, Crushed Oats and Flour.

We have only a limited amount to give to each customer, so step around and get yours. PRICES RIGHT



This week we have a nice selection of Fruits and Vegetables of all kinds.

| | |
|--------------------|--------------|
| Apples, all No. 1. | Carrots. |
| Pears, No. 1. | Turnips. |
| Bananas. | Cabbage. |
| Oranges. | Beets. |
| Lettuces. | Cauliflower. |
| Plums. | Onions. |
| Green Tomatoes. | Potatoes. |
| Pickling Cukes. | Fresh Corn. |
| Crab Apples. | |

Canada Food Board License 8-13000.

The Western Canadian Co-operative Trading Company, Limited

J. B. STEWART

MANAGER

Funeral of Mrs. Maggs.

The funeral of Mrs. Maggs took place on Saturday 5th Oct., at 4 p. m.

A short service was held in the undertaking parlors and then the body was removed to the Institutional Church where a public service was held.

There was a large turn out of friends and citizens. The Rev. D. K. Allan officiated. The chief mourners were Mr. Maggs and family, Mrs. Arson, mother of Mrs. Maggs; Mrs. Jackson, sister; Mrs. Black, of Fernie aunt; Mrs. Shaw of Calgary.

Mr. Allan spoke very feelingly of the departed, enumerating many of her strong qualities and loving virtues. Mrs. Maggs will be missed by a large circle of friends. There were a number of floral tributes, showing the great esteem in which Mrs. Maggs was held. The service concluded with the dead march. The sympathy of all goes out to the bereaved home in this great trial which has befallen them.

Curling Club Organized For Building Operations

The meeting of the curling club subscribers was held in the Council Chamber on Monday, some thirty being present. Temporary organization was effected with B. N. Woodhull, president; Chas. Ouimette, Sec.-Treas.

Messrs. Morrison, Disney and Beck were appointed a building committee, while Messrs. McBurney, Whiteside and Jas. Allan will handle the financial interests during the building period.

A delegation from the tennis club consisting of Messrs. Lawson, Smith and Emmerson was present, and a committee of curlers was appointed to confer with them in regard to securing the back tennis courts as a site for the rink.

Forty-one subscribers have been secured and there is every evidence that the club membership will run into the sixties.

Active operations will begin within the next few days, or so soon as preliminary arrangements can be made, and it is safe to assert that the rink will be in operation as soon as the weather will permit of ice being made. Skating interests will also be looked after to the best of the club's ability.

On Sunday evening, 20th, Oct., a memorial service will be held in the Institutional Church in memory of those connected with the congregation who laid down their lives for King, country and us. Preceding the sermon Capt. Ritchie, of Frank Sanatorium, will unveil the Honor Roll of the Church. The choir will render music appropriate to the occasion.

On Sunday, 13th, the Sacrament of the Lord's Supper will be administered at the morning service, 11 a. m. In the evening at 7 p. m. A Thanksgiving service is to be held. The Church will be appropriately decorated and the music and sermon will be in keeping with the general theme of thanksgiving. No nation has better reason for thanksgiving than Canada and no people has more reason than Coleman. Come and give thanks. The choir will sing an anthem.

COMING EVENTS

Monday, Oct. 14, Thanksgiving Day
—Next of Kin Tag Day.
Oct. 23rd, Pythian Sisters' ball.
October 31st—Social Evening and Sale of Work at Catholic School.

PUBLISHER'S NOTICE!

Owing to business requiring the presence of the editor in Saskatchewan there will be no issue of The Bulletin on Oct. 25th.

Next week's issue will be published on Wednesday night and copy for Advs must be in the office not later than Monday night.

SCHOOL REPORT

The attendance of the school for the month of September was the largest in the history of the school, being 493. The attendance for May of this year was 365. Each room may be said to be crowded, and in some cases over crowded. The enrolment in the different grades is so unequal that in order to accommodate all by the same staff a grouping was necessary whereby several of the teachers have two grades who formerly had one, and grade VII is placed for the first time in many years under the Principal's care, who has always had grade VIII. Happily there is but one class in the High School this year, that of grade X. The pupils taking first and second standing measured by the written examinations are as follows:

Grade X.—Margaret Dunlop, Earle Price.

Grade VIII.—Maurice Goodeve, Stephen Black.

Grade VII.—Edith Hayson, Verna McDonald.—W. S. Black Teacher.

Grade VI.—Stephen Machen, Mary Sorensen.

Grade V.—Nora Derbyshire, Cecil Milley.

Miss Atkinson, Teacher.

Grade V.—Augustine Zikau, Willie Ash.

Grade IV.—Elsbeth Allan, Annie Pilafillo.

Miss Disney, Teacher.

Grade IV.—Raymond Clement, Lillie Kovash.

Grade III.—Louise Claes, Mary Zikau.

Miss Young, Teacher.

Grade III.—Alice Carr, Madzia Marchenia.

Miss Purdy, Teacher.

Grade II.—Leslie Griffiths, Margaret Price.

Miss Wilson, Teacher.

Grade II.—Mary Vamburen, Lillie Janak.

Grade I.—Edna Fairhurst, Julia Paulus.

Miss MacNeil, Teacher.

Grade I.—Terrance Ashurst, Aizna Hall.

Miss MacKenzie, Teacher.

Primary.—Joe Janostak, Vera Ash.

Miss Stewart, Teacher.

W. S. BLACK, Principal.

Jewelry!



With the arrival of new goods daily my stock has become well worthy of public inspection, and you are cordially invited to inspect it whether you have present intentions of buying or not. In the watch repairing line I am able to give you the benefit of long experience.

A. E. LIDDLE

Successor to B. P. McEwen.

Jonteel The \$10,000 Odor TOILET GOODS

Jonteel Cold Cream, 75 cents.
Jonteel Combination Cream, 75 cents.
Jonteel Face Powder, 75 cents.
(Flesh, White, Brunette)
Jonteel Talcum Powder, 35 cents.

H. C. McBURNEY - Druggist
—PHONE 44—

OUR STOCK OF

-- Fresh and Cured Meats --

is at all times the very best that can be procured, and includes the best brands of Bacon, Hams, etc., on the market.

If you are not already a customer of ours give us a trial. We can please you.

The V. H. LOWDEN CO.

Canada Food Board License No. 9 2014

AT EASTON'S

Millinery Opening

Wednesday, September 18th
Latest in Fall Millinery, also nice line of New Stamped Goods, Crochet Cottons, Wools, etc.

THE PROVINCIAL SCHOOL OF AGRICULTURE Claresholm, Alberta

—RE-OPENS—

Tuesday, October 29th, 1918

The course extends over a period of two winters of five months each.

Courses are given in PRACTICAL AGRICULTURE and DOMESTIC SCIENCE.

No entrance examination is required.

The Course is Entirely Free!

The minimum age of admission for boys is 15 years, and for girls 16 years.

For Calendar and further particulars apply to

A. E. Boyer, L.L.B., Edmonton, Supt. Schools of Agriculture.

W. J. Stevens, B.A., B.S.A., Principal School of Agriculture, Claresholm, Alta.

Semi-Ready Tailoring

Insures the Best there is in Style, Fit and Finish

Before you Place your Order for your Fall or Winter Suit Call and see my line of samples.

JOE EASTWOOD

"THE TAILOR"

The Coleman Bulletin

PUBLISHED EVERY FRIDAY AT THE OFFICE OF
THE BULLETIN, SECOND STREET,
COLEMAN, ALBERTA.

SUBSCRIPTION—To any part of Canada \$2.00 per year; to points outside the Dominion \$2.00 per year.

JOB PRINTING—Our equipment is up-to-date and in first-class shape. It is the only Power plant in the Crown West Press and is therefore the only Printers that can produce First-Class Work Promptly and at Reasonable Prices. A post card will bring our representative to you.

ADVERTISING—Legal Notices and Municipal Advertising 12c per line for first insertion and 10c per line for each subsequent insertion; twelve lines to the inch.

BUSINESS LOCALS 15c per count line.

DISPLAY ADVERTISING Rates on application.

COPY for changes or alterations of Display Advertisements must reach this office not later than Tuesday Forenoon of each week, and any such copy arriving after that time will be held over till the following week.

B. N. WOODHULL, Editor and Publisher.

COLEMAN, ALBERTA, FRIDAY, OCT. 11, 1918

Editorial Comment

Thh Red Cross Annual Report.

The achievements of the Coleman Branch of the Red Cross Society during the past year, as set forth in another column, are a gratifying illustration of what can be accomplished by hard work and self-sacrifice. To the credit of a devastating war it may be said that it has developed a heroic spirit that would otherwise have remained largely obscured. Tasks which would have appeared superhuman before are now accepted as plain duty and accomplished uncomplainingly. That the benefit will remain after the war is over is undoubted, and should result in happier and more useful lives for all.

The German peace proposals do not seem to meet with greater favor from the Allies, than the proposition with regard to the back court made by the curlers to the Tennis Club.

Officers in the curling club seemed to be about as popular as the appointment of German Chief of police would be in Russia—by the way has anybody ever been assassinated here?

In addition to the proposed courses to be taken up at the night school training for officers for public utilities should be added to the curriculum and the curling club attend in a body—taking Monday nights situation into consideration. If Mr. Alex. Cameron could be induced to take charge of the class he might also include some precepts in regard to "good sports."

Farmerettes Take Ag. Course at Olds.

In view of the fact that so many young men have been called to the colors, there is a growing tendency among farmers daughters and others to take up the profession of agriculture. Last year some thirty or forty of these young farmerettes attended the Guelph Agriculture College in Ontario. In Alberta too there is the same tendency among patriotic women to step into the position made vacant by reason of the fact that brothers have gone to the front. For the past two years young ladies have been taking the straight Agricultural Course at the Provincial School of Agriculture, Olds, Alberta. In most instances the heavier work such as blacksmithing etc. has not been taken by the young ladies. In one case, however, a young lady, Miss Erma Poedler, (Now Mrs. Nelson, Cluny) took the complete course. Under ordinary circumstances it is not necessary for young ladies to take the heavier class of work, but there is no reason whatever, why young ladies who have to live on the farm should not be as interested in the stock and in fact every phase of the farm work, as are the men. The veterinary course appeals to many young girls who have a liking for stock, and in many instances the girl makes a far better nurse in the case of sick animals on the farm than does a man. Many farmers daughters have a decided liking for the live stock, and in fact for all out door work on the farm. A course at a provincial School of Agriculture is the very thing that many young ladies are looking forward to, and it is gratifying to know that a considerable number are applying for agricultural work during the coming winter.

The Military Service Act has taken a great many of young men who otherwise might have attended the Olds Agricultural School, during the coming winter, but it is surprising how many boys of sixteen, seventeen and eighteen are applying for admission this fall. Already thirty applications for admission have been received by the School of Agriculture at Olds, and we presume an equal number have applied at Vermilion and Claresholm. Last fall students were turned away from the Olds School because the utmost capacity of the school had been reached. Present indications are that there will be from 75 to 100 students enroll in the Agricultural and Household Science classes during the coming winter.

A subject that is given special attention in the Household Science work, is the course in Home Nursing, which is given by a trained nurse. All farmers and their wives who live a considerable distance from a doctor, know just how important that work is for the young girls who live on the farms. In addition of course there is the cooking, sewing, household administration, English, Mathematics, Science etc.; that is given to make a well rounded out course for the girls.

Many have written in asking if the tuition fees have been increased to keep pace with the high cost of everything else. To these we would say that there are no tuition fees whatever the school course is entirely free. Books and note books will cost from \$4.00 to \$7.00 for the whole winter. In addition a caution fee of \$5.00 is asked to cover any breakage.

The students of course pay for their room and board which is from \$6.50 to \$7.50 per week depending somewhat on the accommodation provided.

To the young people who are taking the place on the farms made vacant by an older brother who has gone to the front, we need only say that the younger the shoulders that assume the responsibilities of our western agriculture the better and more thorough ought to be the training.

Red Cross Annual Report.

Coleman Branch Has Had Active and Successful
Year Contributing Total of \$3580.82.

On October 17th, 1917, at a public meeting of the Red Cross Society, the following officers and committee were elected for the balance of the year 1917, and until October 4th, 1918:

OFFICERS ELECTED—President, Mrs. A. McLeod; Vice-President, Mrs. F. G. Graham; Sec.-Treas., Mrs. C. F. Dunlop; Superintendent of Work, Mrs. Neil.

COMMITTEE—Mrs. Riddell, Mrs. Morrison, Mrs. McBurney, Mrs. W. G. Fraser, Mrs. McKean, Mrs. R. Holmes, Mrs. D. K. Allan, Mrs. Kane, Mrs. Whiteside.

There have been 11 regular and four special meetings held during the year.

The thanks of the Society are due the following: The Coleman and McGillivray Locals, Nos. 2633 and 2227; the employees of the International Coal Co.; the employees of the McGillivray Coal Co., Mr. P. Baron, Mr. C. Bellie, Mr. Stevulack, Miss McPherson and pupils, K. of P. and Sisters, Coleman Town Band, Mr. Godsall, Pelletier Lumber Camp, W. L. Ouimette (for providing boxes for shipments and taking shipments to station), and to the citizens generally for their splendid support.

FINANCIAL STATEMENT

For the Red Cross Year from October 4th, 1917, to October 4th, 1918.

| RECEIPTS | EXPENDITURE |
|---|--|
| Oct. 4, 1917, Cash in Bank.....\$ 10.32 | Express for Year.....\$ 11.50 |
| Memberships for year.....30.00 | Red Cross Supplies.....376.84 |
| Life Memberships.....25.00 | Stamps and Post Cards.....2.20 |
| Patriotic Cheques.....1288.70 | Provincial General Fund.....3010.00 |
| Polish Dance.....20.30 | Kit-bag Fund.....45.00 |
| Proceeds of Moving Pictures.....23.00 | Delegate's Expenses, R. Cross Convention.....12.80 |
| Miss McPherson and Pupils.....10.00 | R. C. Rubber Stamp.....50 |
| Scotch Concert.....130.00 | Christmas Stocking Fund.....25.00 |
| Bank Interest.....12.30 | |
| Res. Fund, transferred to Gen. McGillivray Coal Co., per Mr. Caswell.....111.70 | |
| Dance (Mrs. Stevulack).....4.75 | |
| Coleman Local Union, 2633.....20.00 | |
| International, Non-U. & Staff.....616.60 | |
| McGillivray Local Union, 2227.....86.75 | |
| McGillivray Non-U. & O. Staff.....342.15 | |
| Town Collections.....73.35 | |
| Victory Bonds Committee.....282.45 | |
| Billy's Bungalow.....100.00 | |
| R. W. Riddell.....20.00 | |
| Chas. Bellie (Dance).....60.00 | |
| Proceeds Band Dance.....21.15 | |
| Sale of Cake, Band Dance.....125.00 | |
| Pelletier Lumber Camp.....7.50 | |
| S. Yorks.....33.50 | |
| K. of P. and Sisters.....1.00 | |
| Golf Tea.....34.00 | |
| Lecture and Dance (Mr. God. sall).....27.80 | |
| Tea, Mrs. W. G. Fraser.....35.35 | |
| Total.....22.00 | |
| | Balance in Bank, Oct. 2, '18.....\$481.14 |
| Total.....\$3580.82 | Total.....\$3580.82 |

I have examined above report and find it correct in all respects.
W. S. BLACK, Auditor.

Coleman, October 2nd, 1918.

Statement of Tag Day held Oct. 18, 1917, for British Red Cross.
Collected by sale of Tags.....\$142.60
Expenses in connection with Tag Day for Boxes and Tags.....1.74
Balance forwarded in favor of British Red Cross.....140.86

On Nov. 3rd a tea and poultry sale were held in aid of the C. W. C. A. Maple Sugar Fund. Proceeds of above sale sent to Miss G. Hindsley amounted to \$46.00.

Permits were granted to the following allowing the name of the Red Cross to appear on advertisements:

Coleman Town Band.
Mrs. Stevulack.
H. W. Wahl.

For a tea, Mrs. Fraser.

SHIPMENTS

There have been six shipments forwarded to the Provincial Branch at Calgary, as follows: December, February, April, June, August and September. These shipments contained the following hospital supplies:

163 Pairs Hand Knitted Sox.
12 Dozen Bed Sheets.
200 Flannel and Cotton Binders.
144 Personal Property Bags.
24 Day Shirts.
52 Suits Pyjamas.
22 Pairs Bed Sox.
12 Nurse's Aprons.
94 Pairs Army Stockings.
60 Hospital Towels.
24 Housewives.
12 Dozen Handkerchiefs.
108 Pillow Slips.
48 Amputation Covers.
100 Bed Pan Covers.
110 T. Bandages.

The Society wishes to thank all the ladies who have given services in cooking or knitting. We specially wish to thank Mrs. Pelletier for the interest she has taken in knitting for the Red Cross.

At the annual meeting the following officers and committee were elected, on October 4, 1918, until Oct. 4, 1919:

President, Mrs. A. W. McLeod (re-elected).
Vice-President, Mrs. O. E. Whiteside.

Secretary, Mrs. C. F. Dunlop (re-elected).
Supt. of Work, Mrs. U. A. Neil (re-elected).

Committee.—Mrs. Riddell, Mrs. Morrison, Mrs. McBurney, Mrs. Fraser, Mrs. Holmes, Mrs. Allan, Mrs. Kane, Mrs. Pizer, Mrs. Liddle, Mrs. Lonsbury.
(MRS.) ROSE, M. DUNLOP, Sec.-Treas.

McGILLIVRAY CREEK Coal & Coke Co. Ltd

Mine and General Offices:

COLEMAN, ALBERTA

Registry Office Head Office

Spokane Wash. Rossland B.C.

OWNS AND OPERATES

Carbondale Mine

WHICH PRODUCES AN

Exceptionally High Grade

—OF—

STEAM COAL

KOAL

Remember this: We produce the Coal you want for small houses and large houses, for little steam plants and big steam plants. Give It a trial and see.

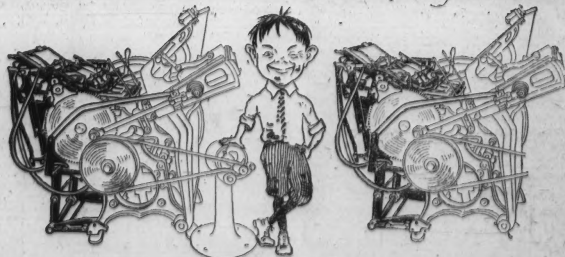
International Coal & Coke Co.

LIMITED



We
Print
You
Prosper

Every business man advertises in a number of ways. He decorates his store and the store windows to make them attractive; he endeavors to stock goods to suit the tastes of the customers he expects to serve, and in many other ways endeavors to attract custom. The Bulletin offers the cheapest and most effective means of reaching the public. Is your name written there?



The Job Printing Department

Will be found fully equipped to turn out anything from a visiting card to a full sheet poster. Our presses are up-to-date, our type faces modern and our workmen are experienced printers. We supply any stock on the market. Our prices are fair.

ZAM-BUK

Partly Herbal—Its potent odoriferous
Aromatic—Stimulates blood—
Soothing—Ends pain and swelling, etc.
Pure—Best for baby's rashes.
Heals all sores.

30c. box. All Druggists and Stores

Freedom of Seas Belongs To Allies

A Vessel Now Leaves For Europe
Every Forty Minutes

If ocean commerce had been handled in the old way the U-boats would have had a far better chance of realizing the Germans' early arrivals and of winning the war. In meeting the problem of the shortage of shipping it was no less necessary that the vessels at the allies' command should render the fullest possible service than that the ship yards should speed up the rate of production. Before the war it would never have seemed feasible that the entire sea traffic of this country should be organized as a single system and operated on schedule time.

Today the United States shipping board has under its surveillance the movements of one-fourth of the merchant ships of the world. Day by day their locations, their arrivals and their sailings are charted and the time spent in port and in transit. With the regularity of railroad trains great cargo ships are loaded with supplies and despatched to return in a given number of days.

It would be disheartening to the German people to know, if they were allowed to receive the information, that every six minutes a merchant vessel arrives at a port, and that from an American port, and that from North Atlantic seaports one departs for Europe every forty minutes. This does not include vessels in the service of the army or navy. It does not take into account the transportation abroad of 1,450,000 American troops, over 800,000 of them in the last three months alone.

To all of these ships are allotted cargoes of food, raw materials or munitions, according to the government requirements. It is all part of the business of carrying on the war on prearranged plans. From month to month it is known with reasonable precision how much shipping will be available at various ports and what supplies and munitions will be moved overseas. The freedom of the seas belongs to the allies and America, and under the protection of their navies they move their ships at will wherever they need.

Minard's Liniment Cures Colds, etc.

Increased Production

Cities of Western Canada—Helping
Food Situation by Vacant
Lot Cultivation

The cultivation of vacant lots in the cities of Western Canada is about to be considered for food production. Nearly all the cities—Winnipeg, Regina, Saskatoon, Calgary and others—report very large crops of potatoes in addition to all kinds of vegetables. Winnipeg's potato harvest, it is estimated, will run to about 100,000 bushels in sight. No estimates are available from other cities, but reports indicate that their crops will be equally large.

The yields will be invariably larger than last year, and will be due rather to this than to any increase in acreage. In the city of Winnipeg some 21,320 gardens, having an aggregate acreage of 920 acres, which have been cultivated. About two-thirds of this area was sown to potatoes.



A Feeling of Confidence

always goes with
health, and health
making is the big
reason for

Grape-Nuts

A delicious food,
rich in the vital
phosphates.
No Waste. You
eat and enjoy it
to the last atom.
Health making,
nourishing,
economical.

Canada Food Board License 1192406

Canada Food Board License No. 2-048

W. N. U. 1228

New Russia's New Flag

A new flag has been adopted, a white and green flag, that of the provisional government of Siberia established at Vladivostok. White and green, symbolical of Russia's vast snow-covered plains and the great stretches of dense forests! There is something primitive and distinctly characteristic in this choice of colors which will appeal to that love of the land which is so strong in the Russian people. For this reason the Siberian flag is more likely to be regarded as an emblem by the many peoples which comprise Greater Russia than if it had symbolized anything else than nature as she is known in that land of vast spaces formerly known as Russia, now being divided by German artifices.

DOUGLAS' INFANT TABLETS

Cures Worms, Stomach & Teething Troubles
FOR BABIES AND CHILDREN
Contains no harmful drugs. 25c per box or 5c boxes by mail on receipt of \$1.00.
Douglas & Co., Napanea, Ont.

Made in Germany
Irate Lady—This clothes line as I bought last night you said was a all-British line.

Shopkeeper—Yes, madam.
Irate Lady—Well, it's broke twice and let me washing down a 'Inden-burg line I call it.—Tit-Bits.

YES! LIFT A CORN OFF WITHOUT PAIN!

Cincinnati man tells how to dry
up a corn or callus so it
lifts off with fingers.

You corn-pestered men and women need suffer no longer. Wear the shoes that nearly killed you before, says this Cincinnati apothecary, because a few drops of freestone applied directly on a tender, aching corn or callus, stops soreness at once and soon the corn or hardened callus loosens so it can be lifted off, root and all, without pain.

A small bottle of freestone costs very little at any drug store, but will positively take off every hard or soft corn or callus. This should be tried, as it is inexpensive and is said not to irritate the surrounding skin.

If you doubtting hand any freestone tell him to get a small bottle for you from his wholesale drug house. It is fine stuff and acts like a charm every time.

High Water Mark

"High water mark" is the line ordinarily reached by the sea at high tide. The general high water mark of the sea is taken as the line at the limit of the rise of the medium tides and that of a body of fresh water, in which there is no ebb and flow tide, is taken at the limit of the soil that is marked with a nature of the banks distinct from that of the banks.

As a verminicide there is no preparation that equals Mother Graves' Worm Exterminator. It has saved the lives of countless children.

Gasoline Cavalry

Men are Skilled Riders and Practised
Shots

During the recent actions in France the military cyclist units have won laurels.

When it is remembered that well-trained military cyclists can cover a comfortable sixty miles in a day on average roads and come into action at the end of the ride something of their advantage over cavalry can be realized. Cyclists, unlike horses, do not tire rapidly, and, furthermore, require neither food nor drink.

In a rear-guard action, when whole armies are falling back into new positions, it is difficult to send up supplies to horses, and even the transport of infantry in omnibuses causes congestion of the traffic. Cyclists on the other hand, can literally "get through anywhere."

The men are all skilled riders, and practised shots, and, above all, well trained in map-reading and finding their own way. Carrying the necessary equipment of cartridges on their person and a further supply on each machine, they come into action quickly and bring their full firepower to bear.

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Begin Dinner With Dessert

The Plan of the Chinese Would Save Meat

How about eating your pie or pudding at the beginning of dinner and then finishing up with meat, fish or vegetables? The Chinese are doing it and looking backward according to our way of thinking, they begin a meal with dessert. After the sweets have taken the edge off their appetites they can eat what meats or vegetables they need and are satisfied.

The suggestion that we adopt the Chinese custom was made in the course of a sermon on food conservation preached recently. The preacher's text was "and in the seven plagues years the earth brought forth in handfuls." After calling attention to the success of Joseph as the first food controller in written history, the preacher said: "I would like to make a somewhat startling suggestion to the public generally. It is that we should adopt the Chinese custom of eating sweet and dessert first at our meals."

"I am persuaded that the Chinese custom of eating dessert first at our meals was adopted centuries ago as a food conservation measure, for they have hundreds of millions of people to feed and great famines are common among them. As the sweets take the edge off one's appetite, one would need less meat and vegetables if he began on dessert."

"These Chinese customs are more rational and less animalistic than ours. It is also more healthful, for when one ends with sweets he leaves an acid reaction in the mouth which is bad for the teeth and the system generally. As a conservation measure the introduction of the Chinese custom in this respect would result in a saving of one-fifth of the meat consumed. This would be of inestimable benefit to our soldiers and our allies."

Minard's Liniment Cures Colds, etc.

A druggist can obtain an imitation of MINARD'S LINIMENT from a Toronto wholesaler at a very low price, and have it labelled his own product. This greasy imitation is the poorest one we have yet seen of the genuine. The water as to be marked with a nature of the banks distinct from that of the banks.

As a verminicide there is no preparation that equals Mother Graves' Worm Exterminator. It has saved the lives of countless children.

Gasoline Cavalry

Men are Skilled Riders and Practised
Shots

During the recent actions in France the military cyclist units have won laurels.

When it is remembered that well-trained military cyclists can cover a comfortable sixty miles in a day on average roads and come into action at the end of the ride something of their advantage over cavalry can be realized. Cyclists, unlike horses, do not tire rapidly, and, furthermore, require neither food nor drink.

In a rear-guard action, when whole armies are falling back into new positions, it is difficult to send up supplies to horses, and even the transport of infantry in omnibuses causes congestion of the traffic. Cyclists on the other hand, can literally "get through anywhere."

The men are all skilled riders, and practised shots, and, above all, well trained in map-reading and finding their own way. Carrying the necessary equipment of cartridges on their person and a further supply on each machine, they come into action quickly and bring their full firepower to bear.

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Training Textile Men

An interesting extension in connection with the woollen and worsted industries is taking place in the textile department of the Leeds (England) University. It has been arranged to provide a special diploma course of study for the training of the merchants of the future of the woollen and worsted industry, in which the latest economic and business methods will be suitably and usefully combined. It is proposed to use the students knowledge of the materials—whether wools, tops, yarns or fabrics—with which he is to deal, in order that he may learn intelligently the best means of producing goods to meet the requirements of each particular market.

FREQUENT HEADACHES

People with thin blood are much more subject to headaches than full-blooded persons, and the form of anaemia that afflicts growing girls is almost always accompanied by headaches, together with disturbance of the digestive organs.

Whenever you have constant or recurring headaches, the matter on the face, they show that the blood is thin and your efforts should be directed toward building up your blood, or treatment with Dr. Williams' Pink Pills will do this effectively, and the rich red blood made by these pills will remove the headache.

More disturbances to the health are caused by their blood than most people have any idea of. When your blood is impoverished the nerves suffer from lack of nourishment and you may be troubled with insomnia, neuritis, neuralgia or sciatica. Muscles subject to strain are under-nourished, and you may have muscular rheumatism or lumbago. If your blood is thin you begin to show symptoms of any of these disorders, try building up the blood with Dr. Williams' Pink Pills. The blood is restored to its normal condition every symptom of the trouble will disappear. There are more people who are suffering from thin blood than you can realize. Dr. Williams' Pink Pills will do this effectively, and the rich red blood made by these pills will remove the headache.

You can get Dr. Williams' Pink Pills through any dealer in medicine by mail. Send a box or six boxes \$2.50 from Dr. Williams' Medicine Co., Brockville, Ont.

A Clever Answer

The old practice of badgering witnesses is still kept up in some western courts, sometimes, however, to the detriment of the cross-examiner. A lawyer once asked a witness a very infrequent patron of the local barber shop, was grilling a witness on the stand.

"Now, Mr. Barker, you pass for an intelligent farmer; and yet you can't tell how old this barn is, and you have lived on this farm for twenty years. Come, now, tell us how old your own house is, if you think you know."

Whereupon the old farmer somewhat testily replied: "Well, it's just about as old as you are, and needs abouting about as bad."

An Easy Pill to Take—Some persons have repugnance to pills because of their disagreeable taste. Paralee's Vegetable Pills are so prepared as to make them agreeable to the most fastidious. The most delicate can take them without feeling the revulsion that follows the taking of ordinary pills. This is one reason for the popularity of Paralee's Vegetable Pills, but the main reason is their high tonical quality as a medicine for the stomach.

Japanese Women Dive for Shells

The Japanese industry of making links and the like from sea shells, brought from the Indian Ocean, the Philippines and the South Sea Islands, has made a mighty stride in the last few years, says Gas Logic. Millions of the shells are gathered from the sea by women divers, who work without the aid of any diving apparatus whatever.

Minard's Liniment Cures Diphtheria.

Odd Styles in Ornaments

Cow's Horns Considered Becoming
Headgear

A very odd kind of ornament commonly worn by the Zulus in South Africa is made of the cocoons of a large species of moth. These, when dried, make a rattling sound if shaken, the shrivelled pupae of the insects being still inside.

The cocoons are baked to kill the hibernating insects and then are strung a bunch of them together to form anklets.

A Zulu can be seen drawing a "rickshaw," he wears a tall, conical hat, which are not only attractive to the eye, but, by their rattling, are capable of making a noise. They furnish a cheerful accompaniment to his movements as he runs along the road.

It was noticed that he wears a pair of cow's horns on his head. They have no significance except as a becoming headgear.

Cost of Being Governed
It costs \$1,400,000 a year to run the British house of commons, including \$1,040,000 for members' salaries and \$222,835 to work the house of lords. For the coming year the lords are putting up as an extra item of \$9,000 for six reporters, as they are now issuing their debates daily.

The house commons is in view of the fact that the commons, who hold many and long sittings, can manage with twelve reporters, the lords, who sit at neither early nor often, are doing themselves well.

The man who manages to keep out of the line of fire of a political is a little above the average.

Converted the Parson

Smoked All Day to Furnish Light
For Wounded

"I remember particularly one preacher who came to France with the belief that he would save a lot of the soldiers from the tobacco evil," says Mr. F. B. Shipp, general U. S. field secretary of the Y.M.C.A. in France. His personal feelings against tobacco were so strong that he felt himself unable to sell the weed in one of our cantons. He was not discovered until the clergyman had been put in charge of a hut immediately behind the lines.

"One night there was considerable infantry activity in this sector. At dawn the walking cases among the wounded began returning to a rest station far behind the line. A party of twelve or thirteen under the command of the hut. The secretary-clergyman saw wounded men returning from the trenches for the first time. They said they were broke and asked for chocolate. He gave it to them. He asked the men if they wanted anything else."

The sergeant told him that the only other thing they needed was cigarettes. They needed them badly. There was a supply in the hut. The anti-tobacco clergyman hesitated for about one-half second. Then his program for saving men from nicotine went by the board. He passed cigarettes around to each of the wounded men. They departed for the rear.

"In a few minutes another group came along. They, too, needed something to smoke. Once again he abandoned his principles. A third group appeared. Again the cigarettes were distributed."

"By this time the clergyman discovered that his supply of matches was practically exhausted. The fourth batch of visitors completely consumed it."

"For the rest of the day this crusader against tobacco spent his time doing the only thing that would enable him to look his wounded countrymen in the eye as they stopped at the hut for rest. He kept cigarettes glowing in his own lips all day long so that each boy would be able to get a light!"

Magpies in the War

Utter Disregard for Gas and Shell
Fire Has Been Noted

The presence of many magpies in the war zone of artillery, gas, or fire has been remarked by many of our soldiers. "I am becoming inclined to consider the magpie as an idiot, or at least a simpleton among birds," writes one man. "To my mind, he never seems to be quite all there. He probably does not realize there is a war on. When flying he does not appear to know where he is going or how far he will get. The other birds bully him. You have a suspicion he will fall when you see him rising on a wind. His tail was not made for him; he cannot manage it; it seems a serious encumbrance as he wobbles about. As a member of the crow family (the Corvidae) he is distinguished by his length of tail. It is at least as long as his body; in some instances almost twice that length. But he has the family characteristics of a harsh voice and even on the battlefield, a propensity to thieving; to which add an omnivorous appetite. All odd birds he is popularly associated with superstitious beliefs. The common lowland rhyme (which attributes good luck to odd numbers) has been: "One is sorrow, two a mirth, three a waddin', four's death."

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BOB LONG

UNION MADE
OVERALLS
SHIRTS & GLOVES
Known from Coast to Coast
R. LONG & CO. LIMITED
TORONTO CANADA

KEEP YOUR SHOES NEAT

WHITE SHOE
DRESSING
LIQUID & CAKE
For Men's Women's
and Children's Shoes

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THE COLEMAN Cash Grocery!

Quality First, Last and Always!

Buy your groceries where you are sure at all times of the best at the lowest possible price.

OGILVIES' ROYAL HOUSEHOLD FLOUR

Canada's Best Flour—Why experiment with cheaper grades when you can buy Royal Household at the same price.

Royal Household Flour, 98 lbs. \$5.55
" " " 49 lbs. 2.95
" " " 24 lbs. 1.55

Ogilvie's Rolled Oats, 20 lbs. \$1.05
" " " 10 lbs. .75
Graham Flour, 49 lbs. 3.00

Substitutes must be bought at the same time as Flour.

Chase & Sanborn's Coffee, lb. \$.55
Blue Ribbon Tea, per lb. .65
Red Rose Tea, per lb. .65
Paris Lump Sugar, 2 lb. carton .35
McLaren's Cream Cheese, Jar. .35
Fresh Ontario cheese, per lb. .35
Fresh Ground Coffee, 2 lb. .45
Finest Japan Rice, per lb. .15
Early June Peas, per tin .25
Rosedale Baviere Peas, .25
Horse Radish, Red, per bottle .30
Lemon Extract, per bottle .30
Aunt Jennie's Pancake Flour per pke. .25
Corn Starch, per pke. .25
Chocolate Iceing Sugar, pke. .15
Royal Crown Soap, per pke. .30
Fresh Fruits Always in Stock
Another shipment of Ontario Grapes expected this week.

Kellogg's Corn Flakes, per pke. .15
Kellogg's Krumbles, 2 pkes. .25
Shredded Wheat, per pke. .15
Roman Meal, per pke. .35
Fine oat Meal, 10 lb. sack. .45
Potato Flour, 2 pkes. .85
Magic Baking Powder, per tin .30
Finest Cleaned Currants, pke. .25
Bleached Sultana Raisins, lb. .25
Swift's Lard, 3 lb. tin. 1.15
" 5 lb. tin. 1.75
Green Coffee, per lb. .30
Non-Stick Stove Polish, bottle .15
Old Dutch Cleanser, 2 tins. .25
Brookfield Butter, always good per lb. .60
Iceing Sugar, white, per pke. .30
20c and .35c
Fairy Soap, per cake. .10
Quaker Steak, the Quality Loaf, Standard Size, 4 Loaves. .50

Try the Coleman Cash Grocery for Good Goods.
The Same Price to Everybody,

JAS. ALLAN, - Coleman.



NOTICE—MILITARY SERVICE ACT, 1917

REGISTRATION OF UNITED STATES CITIZENS

Male citizens of the United States living in Canada of AGES 21-30, both inclusive, MUST REGISTER BY REGISTERED POST with the Registrar under the Military Service Act of the district in which they live, during the TEN DAYS NEXT FOLLOWING SEPTEMBER 28th, 1918; and such CITIZENS OF THE AGES 16, 20 AND 31-44, both inclusive, must so register during the TEN DAYS NEXT FOLLOWING OCTOBER 12th, 1918. It must be emphasized that THIS INCLUDES AMERICANS LIVING IN CANADA OF THE ABOVE AGES, MARRIED AND SINGLE, and includes ALSO ALL THOSE WHO HAVE SECURED DIPLOMATIC EXEMPTION OR HAVE REGISTERED WITH AN AMERICAN CONSUL, or HAVE REGISTERED FOR MILITARY SERVICE IN THE UNITED STATES.

Registration letters may be handed to local Postmasters for despatch to the proper Registrar, under the Military Service Act.

MILITARY SERVICE BRANCH.



NOTICE—MILITARY SERVICE ACT, 1917

MEN EXEMPTED AS FARMERS

Having in view the importance of leaving a sufficient number of men on those farms, which are actually contributing to the National Food Supply, notice is hereby given as follows:

1. ALL MEMBERS OF CLASS I POSSESSING EXEMPTION AS FARMERS which is expiring and WHO WISH TO REMAIN EXEMPT should communicate with the Registrars under the M.S.A., of their respective districts, REQUESTING AN EXTENSION IN TIME OF SUCH EXEMPTION. Questionnaires will thereupon be issued to these men by the Registrar and they will receive further exemption upon furnishing satisfactory proof that they are contributing sufficiently to the National Food Supply.

2. In order to facilitate productive employment during the Winter months, MEN EXEMPTED AS FARMERS SHOULD APPLY TO THE REGISTRARS FOR PERMITS TO ENGAGE FOR THE WINTER IN SOME OCCUPATION OF NATIONAL INTEREST, SUCH AS LUMBERING, MUNITION WORK, ETC. Such permits will serve to enable exempted farmers to pursue other useful occupations for the months during which farming operations cannot be carried on.

MILITARY SERVICE BRANCH.

Advertise in the Bulletin--It Pays.

DENTISTRY
R. K. LILLIE, D.D.S., L.D.S. GRADUATE N.U.D.S., Chicago. Office hours: Coleman, morning, 9 to 12; Blairmore, 1 to 6; Evenings by appointment. Phones: both offices 33; Residence, 183.

Local and General.

A miner was injured in the McGillivray mine on Thursday.

M. Youri is home from Calgary on a visit.

L. Dutil, of Blairmore, has purchased the H. G. Goodeve hardware business.

Vegetables for Sale—Cauliflower, Cabbage, Turnips Beets and Carrots, all for 3c a pound. Jas. Chalmers, East Coleman.

Died—At Mrs. Haines' Hospital, on Wednesday morning, Oct. 9th, Mrs. William Evans, aged 57 years. The funeral service will be held in the Catholic Church at 2 o'clock on Friday, and interment take place in the Blairmore cemetery.

Readers of The Bulletin will appreciate the fact that it is practically impossible to secure a substitute, and in consequence it is hoped, will overlook the omission of one issue as announced elsewhere. Nothing but imperative necessity would lead to this course being taken.



EDITH STOREY IN "THE LEGION OF DEATH"

"The Legion Of Death" is Metro's great seven-act special production de luxe of the Russian Revolution, with particular attention to the part played by the women warriors of Russia. This "battalion of death" stepped into the firing line to take the places of the men whose spirits had weakened and who had fled from the trenches. Many men were shamed, and all encouraged by this gallant action, and returned to their posts. History does not contain the equal of this inspiring moment, except in the life of Joan of Arc, or a match for the bravery and determination of Vera Butchikoff and her noble "battalion of death," so-called because each took poison with her to escape dishonor at the hands of the invading Germans.

It is this glowing story that is told in "The Legion of Death," and wonderful Edith Storey, "the Bernhardt of the screen," is ideal for the part of the leader of Russia's women warriors. No other actress possesses in such measure the fire, the dramatic intensity, the fervor necessary to portray the fighting spirit in Russia's women, the refusal to accept tyranny and dishonor as the portion of a nation.

Great scenes of the conflict in Russia are shown, both of the rioting in the streets, the fighting on the battle-front. There are also scenes in Washington, just prior to the receiving of the great news of the overthrow of the Romanoffs.

"The Legion of Death," should be seen by every friend of patriotism, of bravery and high courage. It breathes the spirit of right and justice, and of devotion to high and noble issues. More than that, it is a story filled with suspense and dramatic incident, and the beautiful love story that runs through it like a golden thread proves that even in times of storm and stress love will not be denied.

In direct contrast to the poverty of the people of Russia, in this great seven-act production, is shown the lavish expenditure of some of the aristocrats and the profligacy of their lives. The court life just before the arrest of the Czar and his family is shown, and actors of ability represent the members of the royal family.

Let your patrons know that "The Legion of Death," is the first motion picture story to show this famous body of women, Russia's noble amazons. Give this great production plenty of publicity. It will repay you. Anyone who reads a newspaper will want to see the actual events that have taken place in Russia, in a nation's fight for democracy.

Coleman Opera House Friday and Saturday Oct. 11 and 12.

Thanksgiving Day Monday, 14th

Are you going away for the week-end and THANKSGIVING?

You will have added pleasure on your little trip if, before going you buy one of our CLASSIC Suits in Tweed or fine Navy Serge. We show a nice range at \$30.00 to \$40.00.

Young Men's Suits, 3 pieces, made up in latest models.
Fine Wool Tweeds, long pants, sizes 32 to 36, prices \$22.00 to \$32.00.

Invictus Shoes

(The Best Good Shoe). A pair of these with the new suit would give you that comfortable and satisfied feeling that comes with the assurance one is well dressed.

Thanksgiving Shoes For the Ladies

407.—This high-grade INVICTUS boot has vamp of very fine black Kid, and top of Gaster Cloth, 11 inches high from ground to top, Flexible sole, fairly narrow toe, French heel.

There's a style and distinction about this Shoe that is sure to please. Sizes 3 to 7. Price \$10.00.

609.—A Glace Colt, Balmoral INVICTUS, embraces graceful lines and good wearing qualities. Medium weight sole, fairly low heel. Sizes 3 to 7. Price \$7.50.

610.—Grey-Kid with Pearl Cloth top. Extremely good style is shown in the graceful lines of this Grey Kid Boot. Fashionable height, good fitting last, medium toe, French heel. Sizes 4 1-2 to 5 1-2. Price \$7.50.

Strap Slippers and Pumps in Dongoli, Gun Melal and Patent.

W. L. Ouimette, Coleman.

Canada Food Board License No. 8-10584.

THE PALM

Ice Cream-Parlor.

The Fruit Season
Is Near Its End
Don't Wait

Call
To-day

To-morrow May Be
Too Late

Grape Fruit, Oranges, Lemons,
Bananas, Apples, Canteloups,
Try Our Fruit Cake.
The Best Bread in Coleman—40
ounces of real bread for 25c.
Canada Food Board License No. 9-1353

Grand Union Pool Room

First-Class Tables and
best of equipment in
every respect. A com-
fortable place to spend
an evening.

Complete Line
Best Brands
Soft Drinks
First-class Barber Shop
in connection

SAM MOORE - PROPRIETOR

Lethbridge city employers
propose forming a union.

HEATING STOVES

A Stove to Fit Every Home
A Price to Suit Every Pocket



Order Yours NOW

Take it when you need it

We don't ask one cent down
until you take the stove

The Best in Hardware

THE
H.G. Goodeve Co. Ltd.
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COMING!

Saturday and Monday.

Oct 19 and 21
FLORENCE REED in
"TO DAY"